

Training

Spring 2025

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

February

Understanding ADHD

Friday 28th

10.30am

March

Making Sense of Wellbeing: Understanding & building resilience

Tuesday 4th

7.30pm

Understanding Sensory Processing Differences

Thursday 6th

10.00am

Making Sense of Anxiety in Children (Primary age)

Tuesday 11th

10.30am

Making Sense of Wellbeing: Key skills to improving communication

Tuesday 18th

10.30am

Understanding Demand Avoidance

Thursday 20th

7.30pm

Making Sense of Personal Independence Payment (PIP)

Wednesday 26th

7.30pm

Making Sense of Transition to Secondary School

Thursday 27th

7.30pm

April

Understanding Autism

Thursday 3rd

10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 5th March / 12th March / 19th March (3-part course)

Wednesdays

7.30pm-9.30pm

All training above will be delivered via Zoom

For further information visit our website or email:
outreach-training@reachingfamilies.org.uk



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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



**Reaching
Families**

www.reachingfamilies.org.uk

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