

Umbrellas

Parent Support Group Summer Term 2025

**Would you like to connect with
other local parent carers?**

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

3rd Jun / 1st Jul

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

7th May / 4th Jun / 2nd Jul

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

22nd Apr / 13th May / 17th Jun / 15th Jul

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

23rd Apr / 21st May / 18th Jun / 16th Jul

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

24th Apr / 15th May / 26th Jun / 17th Jul

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

29th Apr / 20th May / 10th Jun / 8th Jul

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

1st May

7.30 pm - 9 pm

12th Jun

7.30 pm - 9 pm

10th Jul

7.30 pm - 9 pm