

# Umbrellas

## Parent Support Group Summer Term 2025

**Would you like to connect with  
other local parent carers?**

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

### Shoreham Umbrellas

**Tuesdays, 10 am - 11.30 am**

Adur East Family Hub (Shoreham)

3rd Jun / 1st Jul

### Littlehampton Umbrellas

**Wednesdays, 10 am - 11.30 am**

Creative Heart Community Hub (upstairs)

7th May / 4th Jun / 2nd Jul

### Worthing Umbrellas

**Tuesdays, 10 am - 11.30 am**

Durrington Community Centre

22nd Apr / 13th May / 17th Jun / 15th Jul

### Horsham Umbrellas

**Wednesdays, 10 am - 11.30 am**

Horsham Family Hub

23rd Apr / 21st May / 18th Jun / 16th Jul

### Chichester Umbrellas

**Thursdays, 10 am - 11.30 am**

Donnington Parish Hall

24th Apr / 15th May / 26th Jun / 17th Jul

### Burgess Hill Umbrellas

**Tuesdays, 10 am - 11.30 am**

The Cherry Tree Centre

29th Apr / 20th May / 10th Jun / 8th Jul

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

[outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)



[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

## Umbrellas Online

**Thursdays via Zoom**

**1st May**

**7.30 pm - 9 pm**

**12th Jun**

**7.30 pm - 9 pm**

**10th Jul**

**7.30 pm - 9 pm**