Training

Summer 2025

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex

Training Workshops

June

Making Sense of Wellbeing: Self-care and managing stress	Tuesday 10th	10.30am
Making Sense of Behaviours that Challenge (age 2-11 years)	Wednesday 11th	10.30am
Making Sense of Adult Life - Supporting Adolescents (11 years+)	Wednesday 11th	7.30pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Tuesday 17th	7.30pm
Making Sense of Education Health & Care Needs Assessments and Plans (EHCPs)	Thursday 19th	10.30am
Making Sense of Wellbeing: Understanding and building resilience	Tuesday 24th	7.30pm
Making Sense of Masking	Wednesday 25th	10.30am

July

Making Sense of Personal Independence Payment	Thursday 3rd	7.30pm
Understanding Autism	Thurday 10th	10.30am
Understanding Demand Avoidance	Monday 14th	7.30pm

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 25th June / 2nd July / 9th July (3-part course) Wednesdays 7.30pm-9.30pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk

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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

https://reachingfamilies.eventbrite.com

Reaching Families

www.reachingfamilies.org.uk

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