

Umbrellas

Parent Support Group Spring Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

14th Jan / 4th Feb / 4th Mar / 1st Apr

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

22nd Jan / 12th Feb / 12th Mar / 2nd Apr

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

21st Jan / 11th Feb / 18th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

15th Jan / 26th Feb / 19th Mar

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

30th Jan / 27th Feb / 27th Mar

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

28th Jan / 25th Feb / 25th Mar

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

16th Jan 7.30 pm - 9 pm

6th Feb 7.30 pm - 9 pm

13th Mar 7.30 pm - 9 pm

3rd Apr 7.30 pm - 9 pm